



## TRANSBRONCHIAL CRYOBIOPSY COMPLICATIONS & MANAGEMENT

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## TRANSBRONCHIAL CRYOBIOPSY

- •The decision needs to be individualized based on assessment of benefits and risks
- •Studies documenting complications, diagnostic yield, and clinical role of TBCB are needed considering that BAL could have some diagnostic impact in diffuse lung disorders with a rapid deterioration, although with potential risks and low yield in some cases
- •ACUTE DETERIORATION IN RESPIRATORY STATUS SHOULD BE CONSIDERED A RELATIVE CONTRAINDICATION
- •Mortality due to acute exacerbation of UIP after TBCB has been reported



#### COMPLICATIONS

HEMORRAGE

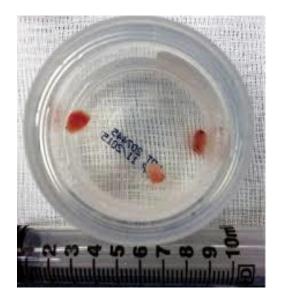
PNEUMOTHORAX

#### FAMILIAR TO PRACTITIONERS OF TRADITIONAL FORCEPS TBB



•PNEUMOTHORAX RESULTS FROM A BIOPSY OBTAINED SO DISTALLY THAT THE VISCERAL PLEURA IS VIOLATED

•HEMORRHAGE IS THOUGHT TO BE GREATER IN THE MORE PROXIMAL REGION OF THE PERIPHERAL LUNG, WHERE VESSELS HAVE BRANCHED LESS EXTENSIVELY AND ARE LARGER BUT STILL TOO DISTAL TO BE PROTECTED BY THE CARTILAGINOUS RINGS OF THE CENTRAL AIRWAY











BECAUSE CRYOBIOPSY DISRUPTS A MUCH GREATER VOLUME OF LUNG TISSUE THAN TRADITIONAL SMALL FORCEPS TBB, A MALPOSITIONED CRYOPROBE HAS THE CAPACITY TO CAUSE GREATER PLEURAL OR VASCULAR DISRUPTION

OPTIMAL CRYOPROBE PLACEMENT WITH RESPECT TO THE PLEURAL LINE IS THEREFORE OF PARAMOUNT IMPORTANCE IN BALANCING THESE TWO COMPETING RISKS



Available data indicate pneumothorax to be a complication associated with TBCB. However, the rate varies considerably between different studies: from less than 1% to almost 30%

In a meta-analysis that included 15 studies comprising 994 patients, the average rate was 10%; the same results were confirmed by a more recent meta-analysis of 13 studies with an incidence of postprocedural pneumothorax of 9.5%

The risk of pneumothorax increases with UIP histology, fibrotic reticulation on HRCT scan, and with biopsies taken close to the pleura

There are very few data regarding chest tube time, but when chest drainage was necessary, time of drainage was similar to that of drainage after VATS

Respiration

#### Interventional Pulmonology

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Transbronchial Cryobiopsies for the Diagnosis of Diffuse Parenchymal Lung Diseases: Expert Statement from the Cryobiopsy Working Group on Safety and Utility and a Call for Standardization of the Procedure

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**Table 2.** Transbronchial cryobiopsy for diffuse lung disease: different approaches

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First author [Ref.]	ОТ	RB	LM	NI	GA + JV	GA/ DS	LA	Bronchial blocker	Cryoprobe size, mm	Freezing time, s
Babiak [16]	x					x		x	2.4	4
Pajares [20]	x					x		N	2.4	3
Griff [21]	x			x		x	x			
Kropski [22]	x					x			1.9	4
Yarmus [23]		x (10)	x (11)		x	x		Y	1.8	3
Fruchter [24]				x			x	N	2.4	4
Fruchter [25]				x			x	N	2.4	4
Fruchter [26]				x			x	N	2.4	4
Casoni [27]		x				x		Y	2.4	5/6
Pajares [28]	x					x		Y	2.4	3/4
Poletti [29]		x				x		Y	2.4	5/6
Griff [30]		x		x		x	x	N	1.9	3/5
Gershman [31]				x			x	N	2.4	4
Hagmeyer [32]	х	х			x			N	2.4	4/5
Hernández-González [33]	х					x		Y	1.9	3/4

Modified from [17]. OT, orotracheal tube; RB, rigid bronchoscope; LM, laryngeal mask; NI, no intubation; GA, general anesthesia; JV, jet ventilation; DS, deep sedation; LA, local anesthesia; Y, yes; N, no; x, method used.



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**Table 1.** Comparison between transbronchial forceps biopsy, transbronchial cryobiopsy, and surgical lung biopsy

First author [Ref.], year	Diagnostic yield	Pneumothorax	Serious bleeding	Mortality due to AE (in 30 days)
Cryobiopsy	>50.6%	0-26%	0-42%	<2%
Babiak [16], 2009	39/41 (94%)	2 (4.8%)	0	3 <del>-3</del>
Kropski [22], 2013	20/25 (80%)	0	0	3 <del>-</del>
Fruchter [24], 2013	40/40 (100%)	0	0	: <del>-</del>
Yarmus [23], 2013	-	1 (4.8%)	0	0
Pajares [28], 2014	39/77 (50.6%)	3 (8%)	0	-
Fruchter [26], 2014	51/75 (68%)	2 (2.6%)	3 (4%)	0
Pourabdollah [54], 2016	21/40 (52.5%)	<del>-</del>	_	1 <del></del>
Griff [30], 2014	41/52 (79%)	0	0	0
Hernández-Gonzáles [33], 2015	28/33 (84%)	4 (12%)	0	0
Hagmeyer [32], 2016	23/32 (72%)	6 (19%)	2 (6%)	1 <del>-</del>
Gershman [31], 2015	<del>-</del>	15 (5%)	16 (5%)	
Ramaswamy [55], 2016	37/56 (66%)	11 (20%)	1 (2%)	0
Echevarria-Uraga [40], 2016	83/85 (97%)	3 (3%)	10 (10%)	-
Ravaglia [34], 2016	246/297 (82.8%)	60 (20%)	0	1 (0.3%)
Ussavarungsi [56], 2017	38/74 (51%)	1 (1.4%)	9 (12%)	-
DiBardino [19], 2017	14/25 (56%)	2 (8%)	3 (12%)	
Bango-Alvarez [36], 2017	91/106 (86%)	5 (4.7%)	0	0
Kronborg-White [57], 2017	28/38 (74%)	10 (26%)	3 (8%)	0
Sriprasart [42], 2017	65/74 (87.8%)	5 (7%)	1 (1%)	=
Ravaglia [53], 2017	_ ` ` `	7 (16%)	0 `	_
Forceps biopsy	25-65%	0-14.3%	0-6.0%	
Wall [58], 1981	20/53 (37.7%)	2/52 (3.8%)	0	0
O'Brien [59], 1997	29/83 (34.9%)	10/83 (14.3%)	5/83 (6.0%)	0
Berbescu [13], 2006	7/22 (31.8%) UIP	( <del>-</del> 2)	_	( <del>-</del> )
Casoni [60], 2008	62/95 (65%)	0	0	0
Facciolongo [61], 2009		22/1,660 (1.3%)	21/1,660 (1.3%)	0
Tomassetti [12], 2012	13/64 (25%)	5/64 (8%)	_	0
Yarmus [23], 2013	Section 1997 - Section 1997 - Section 1997	1/21 (4.76%)	0	0
Pajares [28], 2014	11/38 (29.1%)	2/38 (5.3%)	0	0
Pourabdollah [54], 2016	14/26 (53.8%)		_	-
Gershman [31], 2015		9/286 (3.15%)	13/288 (4.4%)	0
Ramaswamy [55], 2016	16/56 (29%)			-
Sheth [62], 2017	13/33 (39.4%)	S <del></del> 0.		_



Table 1. Comparison between transbronchial forceps biopsy, transbronchial cryobiopsy, and surgical lung biopsy

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First author [Ref.], year	Diagnostic yield	Pneumothorax	Serious bleeding	Mortality due to AE (in 30 days)
Surgical biopsy	>69.9%	NA	No bleeding	Up to 9%
Rena [63], 1999	50/58 (86%)	NA	0	0
Kreider [64], 2007	52/68 (76.5%)	NA	0	3/68 (4.4%)
Zhang [65], 2010	368/418 (88.0%)	NA	0	3/418 (0.7%)
Fibla [66], 2012	195/224 (87%)	NA	0	_
Blackhall [67], 2013	72/103 (69.9%)	NA	0	4/103 (3.9%)
Morris [68], 2014	49/66 (74.2%)	NA	0	1/66 (1.5%)
Rotolo [69], 2015	154/161 (95.7%)	NA	0	4/161 (2.5%)
Fibla [70], 2015	232/311 (74.6%)	NA	0	28 (9%)
Hutchinson [4], 2016		NA		2,051/32,022 (6.4%)
Hutchinson [71], 2016	_	NA	_	68/2820 (2.4%)
Ravaglia [34], 2016	140/150 (98.7%)	NA	0	4/150 (2.7%)
Sheth [62], 2017	232/311 (75%)	NA	0	8-1
Lieberman [72], 2017	47/47 (100%)	NA	0	1 (2.1%)

AE, adverse event; UIP, usual interstitial pneumonia; NA, not applicable (after surgical lung biopsy usually a chest tube is applied).

#### Most papers grade on a scale of 4 steps:



# No bleeding Mild bleeding

requiring suction to clear

### Moderate bleeding

- requiring endoscopic procedures like bronchial occlusion-collapse and/or
- instillation of ice-cold saline

### Severe bleeding

- causing hemodynamic or respiratory instability
- requiring tamponade or other surgical interventions
- transfusions
- admission to the intensive care unit

- In a previous meta-analysis, moderate bleeding after cryobiopsy was observed in 65 cases among 383 patients from 12 studies (16.9%)
- No episodes of severe bleeding, as defined above, are reported in literature (in some papers bleeding has been reported as severe but was controlled by placement of bronchial blocker or catheter)
- no bleeding-related deaths have been reported after cryobiopsy the authors are aware of unpublished cases in which severe bleeding led to death when a bronchial blocker was not preventively employed
- A recently published report highlights the risk of potentially lifethreatening complications when these precautions are not taken.

#### contraindications



- Abnormal coagulation parameters
- Use of clopidogrel or other new antiplatelet drugs
- Thrombocytopenia (<50 × 10 /L)</li>

#### relative contraindications

- treatment with aspirin
- pulmonary function is severely impaired (FEV1 <0.8 L or <50% predicted, DLCO<35% or FVC<50%)</li>
- Significant hypoxemia, defined as PaO2 <55–60 mm Hg on room air or while receiving 2 L/min of nasal oxygen
- Systolic pulmonary artery pressure >50 mm Hg on echocardiography
- A high body mass index (BMI >35)





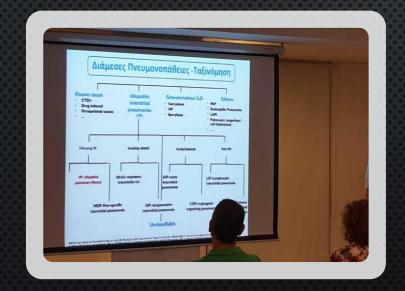


Bleeding during cryobiopsy is common but is generally readily controlled endoscopically, e.g., by the use of bronchial blockers (Fogarty balloon or other tools) and/or use of rigid bronchoscopy



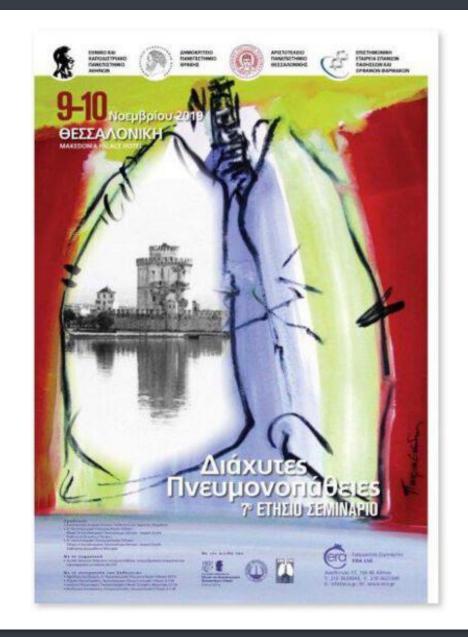






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### Πρόσκληση

Επιστημονική Ημερίδα

## Διασυνδετική Ενημέρωση για την Ιδιοπαθή Πνευμονική Ίνωση

27 Νοεμβρίου 2019

**Esperos Palace Hotel** 

